**1.**

Which of the following is FALSE regarding the climacteric?

A) All cultures respond in the same way to the climacteric.

B) Men continue to be reproductive after midlife.

C) Most women complete menopause in their early 50s.

D) Couples continue to enjoy sex after the climacteric.

**Correct answer(s):** A

**2.**

Encore careers:

A) are entered into in midlife.

B) emphasize meaning and purpose.

C) focus on making a societal contribution.

D) All of the above.

**Correct answer(s):** D

**3.**

Erikson's stage for late adulthood is:

A) initiative verses guilt.

B) trust versus mistrust.

C) generativity versus stagnation.

D) integrity versus despair.

**Correct answer(s):** D

**4.**

With age comes wisdom.

A) True

B) False

**Correct answer(s):** False

**5.**

Tacit knowledge declines in midlife.

A) True

B) False

**Correct answer(s):** False

**6.**

Rates of exercise among those 65 and older are higher for women than for men.

A) True

B) False

**Correct answer(s):** False

**7.**

Adult students tend to do ALL BUT WHICH ONE of the following?

A) Focus on speed rather than accuracy.

B) Learn best with minimal distractions.

C) Focus on relevance of content.

D) Rely less on rote memorization.

**Correct answer(s):** A

**8.**

Which category of the U. S. population has the shortest life expectancy?

A) Black males

B) Black females

C) White males

D) White females

**Correct answer(s):** A

**9.**

The Hayflick limit is a concept that explains:

A) marital satisfaction.

B) cell age.

C) increases in intelligence historically.

D) depression in late adulthood.

**Correct answer(s):** B

**10.**

This type of marriage is most likely to include empty love.

A) The vitalized marriage.

B) The passive-congenial marriage.

C) The total marriage.

D) Intrinsic marriage.

**Correct answer(s):** B

**11.**

Which of the following is NOT one of Kubler-Ross's stages of grief/loss?

A) Recollection.

B) Denial.

C) Bargaining.

D) Anger.

**Correct answer(s):** A

**12.**

A sudden experience of confusion and disorientation is known as:

A) Alzheimer's disease.

B) Dementia.

C) Delirium.

D) Parkinson's disease.

**Correct answer(s):** C

**13.**

This station of divorce involves the loss of neighbors and friends.

A) The psychic divorce.

B) The "friendly" divorce.

C) The community divorce.

D) The emotional divorce.

**Correct answer(s):** C

**14.**

A midlife adult is most likely to experience which of the following changes?

A) A loss of taste sensitivity.

B) Becoming nearsighted or farsighted.

C) Developing arthritis.

D) Weight loss.

**Correct answer(s):** B

**15.**

Earl was diagnosed with ALS and given a life expectancy of 2 years. As his disease progressed, his family gradually adjusted to his inevitable death. This refers to which type of grief?

A) anticipatory grief.

B) incomplete grief.

C) preoccupied grief.

D) disenfranchised grief.

**Correct answer(s):** A

**16.**

Secondary aging refers to:

A) Changes in the body that occur during midlife.

B) Changes in height and weight that are part of late adulthood.

C) Aging that occurs as a result of mental states or attitudes.

D) Changes associated with disease.

**Correct answer(s):** D

**17.**

This theory suggests that people in late adulthood focus on friendships primarily because of the enjoyment these relationships bring.

A) Pragmatic exchange theory.

B) Socioemotional selectivity theory.

C) The selection hypothesis.

D) The Hayflick Limit.

**Correct answer(s):** B

**18.**

What percentage of people over 65 require institutional care?

A) 35 percent.

B) 54 percent.

C) 67 percent.

D) None of the above.

**Correct answer(s):** D

**19.**

The expert is someone who:

A) knows a good deal about a particular subject or skill.

B) is exceptional in all areas.

C) has natural talent in an area.

D) focuses on solving-problems by relying on procedure manuals.

**Correct answer(s):** A

**20.**

How common is remarriage?

A) About 10 percent of marriages are remarriages.

B) About 20 percent of marriages are remarriages.

C) About 50 percent of marriages are remarriages.

D) About 70 percent of marriages are remarriages.

**Correct answer(s):** C